

# Coaching

## - A Leadership Skill



Coach, Role Model, Counselor, Supporter, Guide...do these words ring a bell? Being a coach involves being a role model, sometimes a counselor or supporter, and always a guide.

Coaching is based on a partnership that involves giving both support and challenging opportunities to others. Knowing how and when to coach is an essential skill that can benefit both you and your organisation.

This **one-day workshop** will help you become a better coach - in all senses of the word.

### How You Will Benefit

#### At the end of the workshop you will be able to:

- Understand how coaching can be used to develop your team.
- Develop the coaching skills that help improve individual performance.
- Demonstrate the behaviours and practices of an effective coach.
- Recognise others' strengths and give them the feedback they need to succeed.
- Identify problems and ways you can help to correct them.

### What You Will Cover

- Defining coaching
- The two schools of coaches
- Five critical coaching skills
- Communications skills
- Non-verbal communication
- Johari Windows
- Learning styles and principles
- Methods of feedback
- Benefits/consequences approach
- Dealing with problem employees
- When not to coach

### What's Included?

- Instruction by an expert facilitator
- Small interactive classes
- Specialised manual and course materials

**YES! Enrol me now!**

## REGISTRATION FORM

### Coaching - A Leadership Skill

Participant's name:	_____	Position:	_____
Organisation:	_____		
Work Address:	_____		
Phone:	_____	Email:	_____
Credit card type: <b>MasterCard / Visa Only</b>			
Name on card:	_____	Amount:	_____
Credit Card Number	_____	Expiry Date	_____
Signature	_____		

**STELLARIS PTE LTD**

P.O. Box 13596, Tauranga, 3141

**Telephone:** 07 577 1891 **Toll Free:** 0800 Be Best **Fax:** 07 577 1893 **Email:** info@Stellaris.co.nz

*Stellaris PTE Ltd is registered as a private training establishment by the New Zealand Qualifications Authority under the provisions of the Education Act 1989 and its subsequent amendments.*